# Teen Resources Unlimited



T.R.U. Help Guide

Lenawee County Resources and 24-Hour Hotlines

# Youth Volunteer Opportunities



For volunteer opportunities in your area dial 517-424-6576 or visit us on the web. www.volunteerlenawee.com

For additional resources call: Lenawee Community Foundation at 423-1729 or dial 211



# Brought to you by: The Lenawee YOUTH Council.

The Lenawee YOUTH Council is a group of young people like you, combining their efforts to make a difference in Lenawee County. If you would like to join in on the fun, discuss your ideas and change our community please contact:

Paula Trentman 517.423.1729 paula@lenaweecf.com



community foundation<sup>™</sup>

For **good**. For **ever**.

606 N. Evans St. P.O. Box 142 (mailing) Tecumseh, MI 49286 517.423.1729 www.lenaweecf.com

### **Emergency:**

#### **Dial 911**

Lenawee County Sheriff's Office 263-0524 Crime Tip Line 266-6161 or 1-877-276-8477



Crisis Line 1-800-874-5936

Child Abuse Reporting 1-855-444-3911



C. Cobb Domestic Violence Shelter 265-6776 Rape, Abuse and Incest National Network www.rainn.org 1-800-656-HOPE

Domestic Violence Hotline 1-800-799-SAFE 4

#### **Bullying, School Violence:**

Bullying Hotline: 1-734-416-4971 http://stopbullyingnow.com

School Violence Hotline 1-800-815-TIPS

#### **Runaway Services:**

Runaway Hotline 1-800-RUNAWAY Do'chas II Counseling 517-759-2880



### **Homelessness:**

Salvation Army 265-2038 C. Cobb Domestic Violence Shelter 265-6776 Housing Help of Lenawee 264-0782 Homeless Education 264-6678

#### **Substance Abuse:**

Catholic Charities 263-2191 Alateen Hotline 1-888-425-2666

www.al-anon.alateen.org

Nat'l Drug & Info for Treatment 1-800-662-4357

#### Suicide:

Yellow Ribbon Hotline 1-800-273-TALK Catholic Charities 263-2191

Family Counseling & Children's Services 265-5352

Community Mental Health 1-800-664-Suicide Prevention 1-800-SUICIDE

Hospice of Lenawee 263-2323

#### Counseling:

Catholic Charities 263-2191 Family Counseling & Children's Services 265- 24 5352

#### **Transportation:**

Lenawee Transportation 265-4444 Dial-A-Ride 265-6611 Adrian Taxi 266-TAXI

#### **Health Care Information:**

Lenawee Health Department 264-5226 Poison Control 1-800-222-1222 Family Medical Center 263-1800

## **Youth Crisis: - ALL LINES ARE 24 HOURS**

Boystown Hotline 1-800-448-3000 C. Cobb Domestic Violence 517-265-6776 Do'chas II Counseling 517-759-2880 Domestic Violence Hotline 1-800-799-7233 It Gets Better 1-866-4-U-TREVOR (488-7386) Listening Ear Crisis Line 989-772-2918 Rape, Abuse, Incest Network 1-800-656-HOPE Runaway Hotline 1-800-RUNAWAY Suicide Hotline 1-800-273-TALK

#### **Sexual Health:**

5005

AIDS and STD Hotline 1-800-CDC-INFO HARC 1-800-578-2300 Lenawee Health Department 264-5226

#### **Eating Disorders:**

Nat'l Association of Anorexia Nervosa and Associated Disorders 1-847-831-3438 or 1-630-577-1333 Nat'l Eating Disorder Helpline 1-800-931-2237 www.nationaleatingdisorders.org

#### Scholarships/college:

www.lenaweecan.org www.lenaweecef.org www.michigancap.org www.financialaidfinder.com

#### **Youth Programs:**

4H - 264-5314 Boys & Girls Club - 266-9775 Boy Scouts - 734-971-7100 Communities in Schools of Lenawee - 263-4591 Communities in Schools of Tecumseh - 423-7574 Girl Scouts - 517-784-8543 YMCA of Lenawee - 263-2151 Lenawee YOUTH Council - 424-6569 Lenawee Youth Leadership - 423-1729

VOLUNTEER Lenawee! - 424-6576