Teen Resources Unlimited

Lenawee County Resources and 24-Hour Hotlines

T.R.U. Help Guide

For additional resources call: Lenawee Community Foundation at 423-1729 or dial 211

Youth Volunteer Opportunities

For volunteer opportunities in your area dial 517-424-6576 or visit us on the web.
www.volunteerlenaweec.com

Brought to you by:
The Lenawee YOUTH Council.

The Lenawee YOUTH Council is a group of young people like you, combining their efforts to make a difference in Lenawee County. If you would like to join in on the fun, discuss your ideas and change our community please contact:

Paula Trentman 517.423.1729 paula@lenaweecf.com

Emergency:
Dial 911
Lenawee County Sheriff’s Office 263-0524
Crime Tip Line 266-6161 or 1-877-276-8477

Abuse and Neglect:
Crisis Line 1-800-874-5936
Child Abuse Reporting 1-855-444-3911

Sexual Assault, Domestic Violence or Rape:
C. Cobb Domestic Violence Shelter 265-6776
Rape, Abuse and Incest National Network
www.rainn.org 1-800-656-HOPE
Domestic Violence Hotline 1-800-799-SAFE

Bullying, School Violence:
Bullying Hotline: 1-734-416-4971
http://stopbullyingnow.com
School Violence Hotline 1-800-815-TIPS

Runaway Services:
Runaway Hotline 1-800-RUNAWAY
Do’chas II Counseling 517-759-2880

Homelessness:
 Salvation Army 265-2038
C. Cobb Domestic Violence Shelter 265-6776
Housing Help of Lenawee 264-0782
Homeless Education 264-6678

Substance Abuse:
Catholic Charities 263-2191
Aleteen Hotline 1-888-425-2666
www.al-anon.alateen.org
Nat’l Drug & Info for Treatment 1-800-662-4357

Suicide:
Yellow Ribbon Hotline 1-800-273-TALK
Catholic Charities 263-2191
Family Counseling & Children’s Services 265-5352
Community Mental Health 1-800-664-SUICIDE

Transportation:
Lenawee Transportation 265-4444
Dial-A-Ride 265-6611
Adrian Taxi 266-TAXI

Health Care Information:
Lenawee Health Department 264-5226
Poison Control 1-800-222-1222
Family Medical Center 263-1800

Youth Crisis:
Boystown Hotline 1-800-448-3000
C. Cobb Domestic Violence 517-265-6776
Doch’chas II Counseling 517-759-2880
Domestic Violence Hotline 1-800-799-7233
It Gets Better 1-866-4-U-TREVOR (488-7386)
Listening Ear Crisis Line 989-772-2918
Rape, Abuse, Incest Network 1-800-656-HOPE
Runaway Hotline 1-800-RUNAWAY
Suicide Hotline 1-800-273-TALK

Sexual Health:
AIDS and STD Hotline 1-800-CDC-INFO
HARC 1-800-578-2300
Lenawee Health Department 264-5226

Eating Disorders:
Nat’l Association of Anorexia Nervosa and Associated Disorders 1-847-831-3438 or 1-630-577-1333
Nat’l Eating Disorder Helpline 1-800-931-2237
www.nationaleatingdisorders.org

Scholarships/college:
www.lenaweean.org
www.lenaweecf.org
www.michigancap.org
www.financialaidfinder.com

Youth Programs:
4H - 264-5314
Boys & Girls Club - 266-9775
Boy Scouts - 734-971-7100
Communities in Schools of Lenawee - 263-4591
Communities in Schools of Tecumseh - 423-7574
Girl Scouts - 517-784-8543
YMCA of Lenawee - 263-2151
Lenawee YOUTH Council - 424-6569
Lenawee Youth Leadership - 423-1729
VOLUNTEER Lenawee! - 424-6576